

MCMOA MEETING HIGHLIGHTS

March 7, 2021

OPENING

Carol F. opened the meeting welcoming all 14 people.

INTRODUCTION

Everyone introduced themselves and we welcomed an old member, Diane H. after a noticeable time being not present.

BUSINESS

- Carol F. shared with us the new ostomy support group postcards to help reach others. Carol B. volunteered to distribute postcards to all Macomb County related Doctors.
- Jere R. brought in several emergency seat belt ID tags, along with seat belt cutter. Reported current members count at 80. We have a new phone number to replace the 800 number. 586-765-8976.

TESTIMONY

Sylvia B. shared a touching story of how she became an ostomy nurse and why. The dedication to help others is unbelievable. Next month another member will share his/her story.

ROUND TABLE DISCUSSION

Opened by Carol F.: Topic was current ostomy problems. Several members shared current problem issues while other members problem solved solutions. We all learned.

Teaching

Michelle B. presented hernia prevention strategies. An introduction to the security hernia / ostomy support belts offered by safe and simple.

Closing

Members reported liking this meeting format. All felt safe and uplifted. Since April 4th is easter we will be meeting on April 11th.

See you next month on Sunday, April 11 at 2-4 PM.

Hampton Inn & Suites by Hilton, 45725 Marketplace Blvd, Chesterfield Twp, 48051