

MCMOA MEETING HIGHLIGHTS on January 10, 2021

Opening

Carol F. opened the meeting welcoming all to the 1st meeting of the new year.

Introduction

Everyone introduced themselves and we welcomed a new member - Tina A. and her husband. A warm welcome to her was shared by an inspirational message by Tom U.

Business

- Carol F. reported on 2021 proposed website and Facebook updates and adding this type of monthly post in addition to the quarterly newsletter.
- Jere R. reported the 2021 proposed budget, and that Microsoft has rewarded us with nonprofit benefits – will be examining and explaining as year progresses

Testimony

Carol F. shared her application and removal process of her pouch system. Next month another member will share his/her story.

Round table discussion

- Opened by Carol F.- Topic was COMFORT and what it means to us. Comfort means “to give strength or staying power or to soothe in time of affliction or distress.” She then told of her extended hospital stay of 10 days, uncomfortable bed, awful place to shower, being checked on every hour, not being able to move because of hookup to IVs, and awful TV. And then the doctor’s release and home to her comfortable bed, delicious food, good TV, etc. Now that is comfort!
- Then others told their views of COMFORT. Lively discussion and learning.

Teaching

Myra H. gave some beneficial tips on eating for good health.

Closing

Members reported liking this meeting format. All felt safe and uplifted.

See you next month on Sunday February 7 at 2-4 PM. Come join us at Hampton Inn & Suites by Hilton, 45725 Marketplace Blvd, Chesterfield Twp, 48051. (Yes, we know it is Super Bowl Sunday, but the game doesn’t start until after 6 PM).